Employers play an important role in the lives of their workforce and communities. The general public is both undereducated and often misinformed about addiction. Shatterproof Just Five offers employers an opportunity to help reduce the addiction health crisis and its costs. Costs estimated as high as $160 billion including health costs, accidents and lost productivity.

Just Five is an online, self-paced, mobile enabled program focusing on increasing awareness, reducing stigma, and sharing information about addiction prevention and treatment.

**Just Five includes six five-minute learning experiences.** Lessons combine animated and expert videos, interactive learning, and supplemental materials.

**Companies can implement Just Five in a few easy steps:**

- Sign a short Memorandum of Understanding
- Provide a company logo and copy for a unique business landing page
- Create an internal promotional plan; sample marketing materials are provided.
- Agree on a roll-out plan

**Topics covered include:**

- The Science of Addiction
- Are You at Risk?
- The Dangers of Opioids
- Signs. Symptoms, and Treatment
- How You Can Help
- The Gift of Recovery

**Shatterproof** is a national nonprofit dedicated to reversing the addiction crisis in America. Recognizing that everyone has a role to play solving this problem and saving lives, Shatterproof partners with companies and organizations to deliver vital evidence-based resources and education.

For further information, e-mail [justfive@shatterproof.org](mailto:justfive@shatterproof.org).